

VJK KB Diksmuide 26: Session: 1: COACH evaluation sheet for TEAM: RSC

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Wibaut Annouck HEADCOACH

Coaches: Vandorpe Aaron

Coaches: Vandepoorte Pauline

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:5, starttime: 09:08
Heat: 5/6 Lane : 1 Athlete: DE VLIETTER ELIOTT					Q-time: 01:17:85
PB (25m pool): 01:17.85 Mons 27/06/2026					PB (50m pool): 01:19.45 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.87		01:17.85	
		00:35.87		00:41.98	
					

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 13-14					Heat:5, starttime: 09:08
Heat: 5/6 Lane : 3 Athlete: VAN DAELE NAND					Q-time: 01:14:20
PB (25m pool): 01:14.20 EEKLO 04/10/2026					PB (50m pool): 01:19.27 SB: 01:14.20 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.83		01:14.20	
		00:34.83		00:39.37	
					

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 13-14					Heat:3, starttime: 09:53
Heat: 3/4 Lane : 6 Athlete: DE VLIETTER ELIOTT					Q-time: 00:32:78
PB (25m pool): 00:32.78 EEKLO 04/10/2026					PB (50m pool): 00:34.39 SB: 00:32.78 EEKLO 04/10/2026
	2 5 M	5 0 M			
PB		00:32.78			
		00:32.78			
					

Coach feedback: